

Cilantro Lime Dressing

BY NUTRITION TEAM



INGREDIENTS:

✓ Available for purchase in the PureFormulas Store

- ¾ cup olive oil ✓
- 4 TSBP freshly chopped cilantro
- juice from 1 lime
- dash of salt ✓
- dash of pepper ✓

DIRECTIONS:

1. Mix all ingredients together. If a smooth consistency is desired, blend the dressing in a blender.
2. Keep in your fridge for up to two weeks and enjoy!